



Cleaning 101 for College Rooms

**Your No-Stress Guide to Not Living
in a Biohazard**



No one expects showroom – level dorms,
but there’s a line between “lived-in” and
“where’s the floor?”

This guide keeps things clean enough for
your RA—and surprise guests.



Set the Vibe

(AKA, Don't Hate Cleaning)

- Play music. Loud.
- Set a 20-minute timer. You can do anything for 20 minutes.
- Light a candle or plug in an air freshener (after cleaning—never to hide the smell).
- Reward yourself with snacks, naps, or TikTok time.

*Clean before your room hits rock bottom.
It's way easier.*





The Weekly Clean Checklist

Knock these out once a week-ish. Your future self will thank you.

- Make your bed. It's fast and changes the whole room.
- Empty trash. Full bins = bad smells + fruit flies.
- Wipe surfaces. Desk, dresser, mini fridge top. Use all-purpose spray or disinfecting wipes.
- Sweep/vacuum. Even if it's just crumbs and hair. Especially hair.
- Clean your mirror. Your selfies will thank you.
- Do laundry. If your socks can stand up on their own, it's time.
- Doorknobs + light switches. Yes, they're secretly gross. Wipe 'em down.

Keep supplies in a tote/bin so you're not running around looking for stuff.





The “Oops I Forgot” Areas

You don’t have to clean these every week, but don’t neglect them forever.

- **Mini fridge:** Toss expired food every 1–2 weeks. Wipe spills before they become science experiments.
- **Microwave:** Wipe inside weekly. Stuck-on stuff? Microwave a bowl of water + lemon for 2 mins and wipe down.
- **Under the bed:** Monsters and dust bunnies live there. Sweep or vacuum monthly.
- **Shower caddy & bathroom stuff:** Rinse and wipe down– mildew is not a vibe.
- **Laptop & phone screen:** Fingerprints + crumbs = time to clean. Use electronics wipes or a microfiber cloth.
- **Water bottle:** Yes, you have to wash it. Like, with soap.



The Shared Space Strategy

**Got a suite or shared bathroom?
Communicate and rotate chores.
Don't be "that roommate".**

- Create a schedule. Who takes out trash?
Who wipes the sink?
- Post it on the fridge, wall, or whiteboard.
- Make it a group cleaning playlist event. Yes, you can bribe each other with pizza.

If you wouldn't sit on your toilet barefoot, clean it.





Stock the Basics

**You don't need a full cleaning aisle.
Just a few go-to MVPs:**

- All-purpose spray
- Disinfecting wipes
- Mini vacuum or broom + dustpan
- Dish soap + sponge
- Laundry detergent + mesh bag
- Air freshener (optional, but morale-boosting)
- Paper towels or reusable cloths
- Trash bags (get the scented kind- trust us)

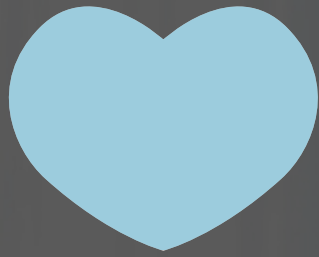
*Vinegar + water in a spray bottle = DIY
magic cleaner.*





Fast Fixes for Dorm Disasters

- **Mystery smell?** Empty trash. Open a window. Smell your laundry hamper.
- **Spilled something on carpet?** Blot (don't rub), dab with water + a bit of dish soap.
- **Sticky desk?** Disinfecting wipes, then dry with paper towel.
- **Roommate funk?** Fan + open window + maybe a gentle convo.



Last but Not Least...

A clean space = a clear mind.
You don't need to go full neat freak,
just aim for "not embarrassing if
someone stops by."

Clean a little, clean often, and don't
overthink it. You're crushing
adulthood already.



Want more tips like this to make moving easier?

We've got checklists, tools, and fresh tips dropping daily to help you unpack, settle in, and feel at home faster.

👉 Head to app.domisource.com and see what's new!

